

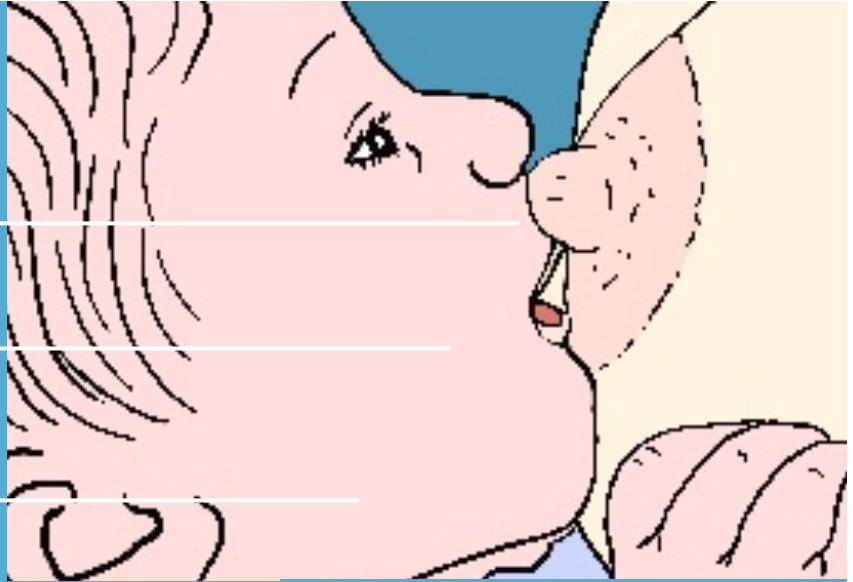
# GOOD LATCH

## Deep Latch

Angle nipple parallel to bridge of nose

Make sure baby's mouth is open wide

Touch chin to breast



## Early Hunger Cues:

1. Rooting
2. Fists to mouth
3. Smacking lips
4. Opening and closing mouth
5. Clenched fists

## Full Cues

- Relaxed face and body
- Open and relaxed hands
- Lack of hunger cues



# Steps To A Good First Latch

